

Beach Volleyball Rules

Competitive Division

Net Play

- You may go completely under the net into your opponent's court to play a ball as long as there is no interference with the opponent.
- A ball can be played back to one's side of the net if it has crossed over the net, under the net, or outside the antenna as long as a team has one or more contacts left and the ball is played back under the net or outside the antenna.
- The "let" serve is played on the beach.
- Players may not touch the net at any time during a "playing the ball" motion.
- If a player blocking touches the ball on the block, it is counted as the first touch. The blocker may play the ball off his / her own block however these two contacts are counted as team contact 1 and 2.

Playing the Ball Competitive

- A player is not allowed to complete an attack-hit using an "open-handed tip" or by directing the ball with the fingers
- When digging a hard-driven spike or serve it can be double-hit and momentarily lifted. A hard-driven spike or serve is the only occasion a double-hit will be permitted.
- A touch on the block counts as one of the three contacts allowed per team. (The blocking person will be allowed to hit the ball again)
- The ball can be played with all parts of the body.
- The ball may not be set over the net.
- The ball may not be set on a serve.
- A player may only have one toss per serve attempt.
- You may not attack or block a serve

Protocol

- Unlimited substitutions can be made at any point in the game during a stoppage
- Each team receives one time out per set
- Rock, Paper, Scissors will determine sides and service at the start of a match
- Teams are required to call their own violations, and are expected to be honest and foster a high level of sportsmanship at all times. Questionable calls will result in a reserve.
- Teams will switch sides ½ through each match
- Games will start at designated times.
- All teams will be asked to provide referee assistance during matches that they are not scheduled to play. Referee schedule will be posted with the game schedule.
- Team Captains will report scores to the main tournament board/tournament organizer
- Rotation of players is not required. Players must rotate service. All players are considered front row.
- Teams can play with three players. One female is required not to default. Teams must have a maximum of two males on the court.



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Beach Volleyball Rules

Recreation Division

Net Play

- You may go completely under the net into your opponent's court to play a ball as long as there is no interference with the opponent.
- A ball can be played back to one's side of the net if it has crossed over the net, under the net, or outside the antenna as long as a team has one or more contacts left and the ball is played back under the net or outside the antenna.
- The "let" serve is played on the beach.
- Players may not touch the net at any time during a "playing the ball" motion.
- If a player blocking touches the ball on the block, it is counted as the first touch. The blocker may play the ball off his / her own block however these two contacts are counted as team contact 1 and 2.

Playing the Ball Recreational

- No Spiking at the net will be allowed. A player may not jump and attack the ball with a direct downward motion from a front court position.
- You may not attack or block a serve
- Players may play the ball off any part of their body
- 5 Serves Max/player – team will rotate.

Protocol

- Unlimited substitutions can be made at any point in the game during a stoppage
- Each team receives one time out per set
- Rock, Paper, Scissors will determine sides and service at the start of a match
- Teams are required to call their own violations, and are expected to be honest and foster a high level of sportsmanship at all times. Questionable calls will result in a reserve.
- Teams will switch sides ½ through each match
- Games will start at designated times.
- All teams will be asked to provide referee assistance during matches that they are not scheduled to play. Referee schedule will be posted with the game schedule.
- Team Captains will report scores to the main tournament board/tournament organizer
- Teams must play with at least one male and one female on the court at all times and a minimum of 5 players (Max 6).
- Teams must rotate positions (from back right to back left, and front left to front right)
- Back row players are not permitted to block or attack the ball from the front of the court.



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